



# What to expect with your COVID-19 vaccine

## If you just received your COVID-19 vaccine

- You will be given a **fact sheet** (paper or digital) about your COVID-19 vaccine that provides more information about the specific vaccine you receive
- You will also get a **COVID-19 vaccination card** that states what vaccine you received, and when and where you received it. This card will act as your personal record of vaccination against COVID-19 disease
- **After your shot**, you will move to a waiting area where healthcare professionals will **monitor you for about 15-30 minutes** to make sure you don't have any reactions to the vaccine
- When you receive your vaccine, you should also receive a **v-safe information sheet** telling you how to enroll. V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after your COVID-19 vaccine. If you enroll, you will receive text messages that provide appointment reminders and that direct you to surveys where you can report any problems or adverse reactions you may experience



### Helpful tips:

- For 2-dose COVID-19 vaccinations, be sure to **schedule your second dose at the appointment for your first dose**
- **You should not laminate your COVID-19 vaccination card** in case you need a booster to be added; you should keep it in a safe place in your home
  - **Be sure to share your card with your doctor** so that they can add the information to your medical record
  - If possible, **take a picture of your card** as a backup after each shot

# You may experience side effects from your COVID-19 vaccine

Though these are not all of the side effects you may experience, here are a few things to look out for:

- If you experience a severe allergic reaction, call 911 or go to the nearest hospital
- You may experience some pain, redness, or swelling in the arm where you got your shot
- Throughout your body, you may feel tired or achy, or have chills, headache, fever, or nausea
- If you have no medical conditions that normally would prohibit you from taking over-the-counter medications, talk to your doctor about taking a pain reliever like acetaminophen, aspirin, or ibuprofen after your vaccination
- Call your vaccination provider or your doctor if you have any side effect that bothers you or that does not go away
- If you receive a 2-dose vaccine, side effects after your second shot may be more intense than the ones you experienced after your first shot
- Report vaccine side effects to the FDA/CDC Vaccine Adverse Event Reporting System (VAERS). The VAERS toll-free number is 1-800-822-7967. You can also report online at <https://vaers.hhs.gov/reportevent.html>

## For more information:

- **Possible COVID-19 vaccine side effects:** <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>
- **After your vaccine:** <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>



Scan code to visit the Moderna site for patients

[MakeItYourVaccine.com](https://www.makemyvaccine.com)



## Helpful tips:

- If you receive a 2-dose COVID-19 vaccine, you must get both doses in order to complete the vaccination series
- You are not considered fully vaccinated until **2 weeks after you receive your last dose**
- Even after you are fully vaccinated, you may need to continue to **wear a face mask that covers your nose and mouth, as well as maintain social distancing**
- Check the most recent guidance on masks and social distancing from the CDC and your local authorities